

Hospice Day 2009 Celebration



The afternoon started with the arrival of patients and family, some of them in wheelchairs and some with walking aids. What is most noticeable is the smile and happiness on the faces of patients. The programmes arranged were very well received. As I sat and talked to some patients, I can feel that they are happy even though some of them are in pain. One of the patients was telling me that lately she was not feeling too good and said that if she lives to see another day it is another day gained. Hearing that truly made me feel blessed that I am in good health and able to help those who are sick.

Since I started helping Guddi and other volunteers with the Sunshine Hour, I have learned from the patients. They help me realize that despite being stricken with cancer, they have hope and the will to carry on. This makes me feel that whatever problems I have seem small compared to theirs. The sunshine hour means a lot to them and they always looking forward to the next one.

Doreen Kam, Volunteer

The 2009 Hospice Day took place on 8 November at the Ipoh Swimming Club, after being postponed.

The activity-filled afternoon started at about 3 pm with Guddi Roy (PPCS Volunteer Co-ordinator), welcoming attendees with a brief address and introducing the 2 MCs for the event – English by Doreen Lee and Cantonese by Linda Kong. It was immediately followed by an ice breaker game – jigsaw puzzle – before Dr Koh Wai Keat (President of PPCS) delivered a short welcome speech. It was no surprise to everyone that a table with several children emerged as the team taking the shortest time to complete the jigsaw puzzle, winning the top prize. The last 3 tables that survived the eliminations to stay in the game were prize winners with the last one standing declared the champion. The champion team was then asked to entertain the audience by dancing to ABBA's "Dancing Queen" which they graciously obliged.

There were lots of excitement and laughter, and adrenalin flowed profusely, during the rubber band game that followed.

The guests numbering about 100 comprising PPCS clients and their family members, volunteers, staff members, and representatives from the Social Welfare Department and the CIMB Foundation, had the opportunity to mingle and chat, while helping themselves to a sumptuous high tea buffet.



Patients playing a game

(see page 2)

HOSPICE DAY CELEBRATION... (continued from page 1)

Amidst the food and chatter, a representative from the CIMB Foundation presented a cheque to PPCS. The donation is in aid of Home Care and Sunshine Hour programmes that directly benefit PPCS clients.



Mock cheque presentation by CIMB FOUNDATION



Dharveen

Sashuveen

Sharvina

The highlight of the day was surely the Bollywood Dancers from the Surendran family, Dharveen and Sashuveen who danced individually to Michael Jackson's "Billy Jean" and "Bad", and Sharvina who performed a traditional Indian dance. Judging from the highly enthusiastic responses, the children clearly had the audience completely under their spell.



CIMB Staff

There was also an impromptu dancing contest where participants had to dance freely to Michael Jackson's "Beat It". Dr Koh was judged the winner.

The meticulously planned event was made possible by very generous support and sponsorships from various parties. The band, Hawaiian Rythmics, entertained the audience throughout with a wonderful selection of music. Everyone especially the children were thoroughly charmed by Mr Ding Poi Kooi's magic show. The finale was the giving out of 11 lucky draw prizes by volunteers.

People began streaming out of the room at about 5 pm after Datin Judy Chin's appreciation speech. It was indeed an afternoon of fun and laughter for all present, despite the occasional chaos.

Low Boon Choo, Volunteer



Lucky Winners



Magician, Mr Ding Poi Kooi



Cynthia Too in action



Our entertainers — Hawaiian Rythmics

awareness Day

at Meru Valley Golf & Country Club

Meru Valley Golf & Country Club held its inaugural International Friendship Day on 22nd November, and invited many NGOs from Ipoh, including PPCS, to showcase its activities. It was a good gathering of volunteers from various organisations and many old friendships were rekindled.

(seated) Amarjit Kaur & Wong Koon Yoke
(standing) Annie Lau & Linda Kong



9th MALAYSIAN HOSPICE CONGRESS

THEME "COMMUNICATION FOR BETTER CARE"

DATE 7 - 9 MAY 2010, (Friday - Sunday)

VENUE IMPIANA CASUARINA HOTEL

REGISTRATION FEE	DOCTOR – RM250.00
	NURSE/VOLUNTEER – RM200.00
KEYNOTE SPEAKER	DR ROSALIE SHAW Consultant, Department of Palliative Medicine National Cancer Centre, Singapore.
SPEAKERS	ASSOCIATE PROFESSOR EDWARD POON Director of Nursing, Dover Park Hospice, Adjunct Associate Professor, ALCNS, NUS.
	DR JAMES LOW Consultant Geriatrician & Head Department of Geriatric Medicine, Alexandra Hospital, Singapore.
	DR NORHISHAM MAIN Palliative Care Physician, Alexandra Hospital, Singapore.
	DR RICHARD LIM Consultant Palliative Medicine Physician, Hospital Selayang.
	DR LOH EE CHIN Clinical Specialist Palliative Medicine, Physician & Lecturer, UM Medical Centre.
	DR YEAT CHOI LING Clinical Specialist Palliative Medicine, Department of Medicine, Hospital Raja Permaisuri Bainun, Ipoh.
	MS SEE FOON CHAN-KOPPEN B.A. Hon. NLP Trainer, American Board of Hypnotherapy, American Board of Neurolinguistic Programming.
	DATO' SERI DR T. DEVARAJ CEO/Medical Director, Rumah Hospis Pulau Pinang, National Cancer Society of Malaysia, Penang Branch.
	DR EDNIN HAMZAH CEO, Hospis Malaysia

DONATIONS received during October – December 2009

DONATION - OCTOBER 2009	RM
Chan Kong Choo	100.00
Chan Yuen Leong	100.00
Loke Su-Yi	500.00
Chin Chon Peng imo Lee Hean Yin	200.00
Imo Wong Kim Shing	580.00
Chong Yew Li	1,000.00
Teoh Huat Siang	100.00
Chong Chee That	100.00
James Lawrence Teh Cheng Yin	1,000.00
Mej. Giban	100.00
Lee Boon Hoe	50.00
Chew Ah Lai	50.00
Loke Ching Yi imo Loke Kok Wai	220.00
Loke Kar Koay imo Loke Kok Wai	1,000.00
The Late Mr Lau Bin Keng	1,000.00
Lau Tiam Poh	200.00
Chan Wen Yee	100.00
Jamnah Bt Zainal	100.00
Choe Wai Yee imo Choe Chee Meng	1,000.00
Lee Yin Yaw	100.00
Chuah Ang Sing	10,000.00
Salasiah	100.00

DONATION - NOVEMBER 2009	RM
Hew Ping Chiew	100.00
Lim Sau Ying	500.00
Sally Foong Mei Chin	100.00
Tan Yoke Wiek	100.00
Chin Chon Peng imo Lee Hean Yin	300.00
Ang Kee Hing	100.00
Chaeba Salon	100.00
Yew Yew Kiong	100.00
Chew Boon Khooi	2,000.00
Hew Yiu Tat imo Choo Yoon Bee	100.00
Lee Chong Meng	100.00
Majlis Pembangunan Masyarakat Negeri Perak	5,000.00
Datin Seri Salmah imo Fauziah Bt Dato Maarof	100.00
Mrs Phang Chee Mun	1,000.00
Puan Voo Suan See	100.00
Interact Club of SMK Tracisian Convent	86.90
Rosli Bin Ahmad	100.00
Perak Turf Club	5,000.00
Henkel (M) Sdn Bhd	25,430.05
Ahmad Fakhuradzi	100.00

DONATION - DECEMBER 2009	RM
Low Kam Hup imo Cheng Cho Fong	500.00
Lee Moa Chun	300.00
Wong Ah Lek	4,000.00
Lim Feei Feei imo Lim Keng Jew	800.00
Chaeba Salon	100.00
Nancy Foong	100.00
Elyn Liew Ee Ling	50.00
Erecca Liew Yee Yee	50.00
Abbe Liew Yee Heng	50.00
Lau Tiam Poh	200.00
The Late Mr Lau Bin Keng	1,000.00
Koon Yew Yin	10,000.00
Chan Kok Woei	100.00
Foo Chit Choong	100.00
Wong Hoong Wah	50.00
Leong Sin Yee	600.00
Chin Chon Peng imo Lee Hean Yin	200.00
Ang Kee Hing imo Ang Voon Poi	500.00
Jeyanthi	100.00
Foo Chit Choong imo Foo Chin	500.00
Choong Chee Wah	100.00
Yan Gah Weng	5,000.00
Teoh Peng Kee	200.00
Ravi Chandran imo Meenalosani a/p Marimuthu	1,300.00
Wong Siow Cheng	100.00
Malaysian Association of Belgium & Luxemburg VZW	1,500.00



We thank all our donors for their generosity. As PPCS is a non-governmental agency, it relies substantially on the financial support of the general public. If as a reader of this newsletter, you wish to donate something to the Society, or you know of anyone who might be interested in doing so, please direct your personal donation or inform them to contact the Honorary Treasurer at:

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*imo = in memory of